

# HUS - HUMAN SERVICES

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## **HUS 101 Introduction to Human Services (3-0-3)**

*Offered Fall Semester*

This course covers an overview of the field of human services. Role responsibilities, problems, boundaries and strategies of human service workers are included.

## **HUS 102 Personal and Professional Development in Helping Professions (3-0-3)**

*Offered Fall Semester*

This course provides students with the opportunity to gain a greater awareness of "self" through values clarification activities, reflective writings, etc. and to understand how attitudes, values and beliefs impact both their personal and professional lives.

## **HUS 150 Supervised Field Placement I (0-9-3)**

*Offered Fall, Spring, and Summer Semesters*

Prerequisites: HUS 209, HUS 231 and HUS 237 plus 12 additional credits in Human Services. Instructor Permission required. Completion of background check required.

This course includes work experience assignments by students in selected human services agencies.

## **HUS 204 Introduction to Social Work (3-0-3)**

*Offered Fall Semester*

This course includes a general introduction to social work, including history, philosophy, organization, methods and settings with emphasis on rehabilitation and other community services. Focus is on social work values, knowledgebase, goals and the roles of the social worker in society.

## **HUS 205 Gerontology (3-0-3)**

*Offered Summer Semester*

This course is a survey of the physical, social and mental changes that occur as a person ages. The related problems and current programs designed for people age 55 and over are studied in the course. Off-campus service-learning activities are required.

## **HUS 206 Death and Dying (3-0-3)**

*Offered Summer Semester*

This course is a study of the issues of death and dying. Stages of dying, dealing with dying, dealing with sudden death and grief are covered in the course.

## **HUS 208 Alcohol and Drug Abuse (3-0-3)**

*Offered Fall Semester*

This course is a study of the etiology of alcohol and drug abuse, various types of addictive substances, physical, mental and social implications, programs in rehabilitation and preventive education.

## **HUS 209 Case Management (3-0-3)**

*Offered Spring Semester*

This course covers accepted methods and strategies for effectively assessing client needs, accessing necessary provider agencies and monitoring and properly documenting service delivery and client welfare.

## **HUS 216 Behavior Change Techniques (3-0-3)**

*Offered Fall Semester*

Prerequisite: HUS 231

This course is a study of major theories associated with individual and group psychotherapy, family therapy and alcohol, drug and vocational rehabilitation. Emphasis is placed on the techniques of behavioral change.

## **HUS 217 Addictions Counseling (3-0-3)**

*Offered Spring Semester*

Prerequisite: HUS 208

This course provides specific skills for the diagnosis and treatment of substance abuse and addictions. Topics to be discussed include causes and diagnoses of addictions and treatment modalities.

## **HUS 220 Diversity Issues in Human Services Practice (3-0-3)**

*Offered Spring Semester*

This course is a study of issues of cultural diversity, including critical analyses of gender ideologies and systemic applications. Students will be afforded opportunities to engage in self-analysis and will examine currently emerging cultural trends in human services education and delivery.

## **HUS 225 Personal/Interpersonal Adjustment (3-0-3)**

*Offered Spring Semester*

This course is the study of self-awareness and interpersonal adjustment and behavior in contemporary society.

## **HUS 231 Counseling Techniques (3-0-3)**

*Offered Spring Semester*

Prerequisites: HUS 101, HUS 102 and PSY 201

This course is a study of a variety of counseling techniques necessary to assist qualified therapists in a variety of therapeutic settings. Students will demonstrate procedures and knowledge of basic counseling theories and techniques related to human services.

## **HUS 235 Group Dynamics (3-0-3)**

*Offered Spring Semester*

Prerequisite: HUS 231

This course is an examination of the theory and practice of group dynamics. Emphasis is on the application of the value and use of the group process in specialized settings related to human services.

## **HUS 237 Crisis Intervention (3-0-3)**

*Offered Fall Semester*

Prerequisite: HUS 231

This course is a study of the effects of crisis on people, the methods of intervention and other use of multiple resources to reestablish individual function. Students are required to demonstrate mock crisis activities.

## **HUS 241 The Counseling Relationship (3-0-3)**

*Offered Spring Semester*

Prerequisites: HUS 231, plus 12 additional credit hours in Human Services and instructor permission required

This course is a study of the counseling relationship, its development, dynamics and processes, as well as issues for the counselor that may foster or impede the development of the relationship.

## **HUS 260 Human Services Special Topics (3-0-3)**

*Offered Based on Enrollment*

This course is a study of special topics of interest to particular populations and locations.